



ELIGIBILITY TO BECOME A BRAINSPOTTING CONSULTANT-IN-TRAINING:

A POTENTIAL CONSULTANT IN-TRAINING:

- Has been a Certified Brainspotting Practitioner for a minimum of 1 year.
- Has attended, in person, the most recently developed trainings:
 - Phase 1 (3-day)
 - Phase 2 (3-day)
- Has attended at least two (2) of the following four (4) trainings:
 - Phase 3
 - Phase 4
 - Master Class
 - Intensive experience
- Possesses characteristics of an Approved Brainspotting Consultant:
 - Self-initiates when they see help is needed
 - Organized
 - High level of communication skills (clarity and specificity)
 - Excellent at networking
 - Self-aware
 - Highly attuned with clients and colleagues
 - Responsible
 - Action-oriented
 - Creative
 - Engaged and involved consistently in Brainspotting community
 - Enthusiastic around wanting to spread Brainspotting
 - Altruistic
 - Commitment to Brainspotting Culture
 - Open-mindedness & willingness to learn
 - Engages regularly in own Brainspotting sessions
- Affirms Brainspotting Culture
 - Has a spirit of growing Brainspotting
 - Is supportive rather than competitive
 - Is aware of being a gatekeeper in Brainspotting
 - Maintains an attitude of gratitude
 - Has willingness to do ongoing education/self-work
 - Strives to be inspiring
 - Supports non-hierarchical, inclusive approaches to Brainspotting Training and consultation
- Engages in activities that promote Brainspotting, such as (but not limited to) Institute Board Membership, attend consultation group as a member, running "Peer Support" groups, organizing and/or helping local trainings, giving "Info Sessions" about Brainspotting, etc.
- Demonstrates involvement in the Brainspotting Community